



MDTS THREAT RECOGNITION & MANAGEMENT TACTICS (Interactive Lecture)

Course Description/Objectives:

Most citizen defense training focuses on technical development of motor skills whether that's shooting, blade work, or unarmed combative skill sets and simply glosses over tactics. It is much easier to teach someone how to palm strike than it is to teach them how to recognize when they will be mugged or assaulted.

The MDTS Threat Recognition & Management Tactics course provides students with the skills necessary for dealing with violent criminal assault before it happens. Avoidance when possible is always the best strategy but avoidance is predicated upon ones ability to recognize potential danger. This course emphasizes realistic and effective pre-engagement tactics based upon an in depth understanding of how criminals operate. We must understand the problem, before we can develop solutions.

This is a non-physical 2 hr. class featuring a PowerPoint presentation on criminal assault and interactive drills used to develop proper pre-engagement tactics. This course is suitable for men and women of any age or stature.

Course Topics/Modules of Instruction Include:

- Understanding Criminal Assault
- Contact Plan of Action
- Awareness and Task Fixation
- Distance Control Tactics
- Assessing the Potential Threat
- Verbal Challenge, De-escalation and Physical Boundary Setting
- Evasion & Escape Tactics
- Taking Initiative

Equipment:

Comfortable clothing/street clothes, water, note taking materials

Duration: 2 hr.



MDTS PRACTICAL COMBATIVES WORKSHOP

Course Description/Objectives:

Practical Unarmed Combat is the option used when there are no other superior tactical advantages (weaponry, evasion and escape, etc.) available to you. In this course a series of drills and foundational unarmed techniques will be presented. Students will learn a simple, effective and retainable method of unarmed personal defense. An emphasis is placed on understanding how criminals assault citizens in the real world and what to do if a situation occurs when you have no reasonable alternative to engaging the opponent. Strategies presented enable the citizen to negate criminal assault tactics through verbal challenge and/or direct action to immediately dominate the situation by any possible means. This course is suitable for men and women of any age or stature who is in reasonable physical condition.

Course Topics/Modules of Instruction Include:

- Combative Mindset
- Instinctual Defenses & the Default Response
- Direct Action Drills
- Universal Targeting
- Body Weapons & Hard Skills
- Escapes from Common Grabs & Chokes
- Stress Inoculation Drills

Instruction features foundational knowledge & strategy presentations, solo command & mastery drills, speed & power development drills. Skills will be tested via practical application through force-on-force drilling and evolutions.

Equipment:

Comfortable clothing/street clothes, water, note taking materials (optional equipment includes- mouthpiece, groin protection)

Duration: 4 hr.



MDTS HOME DEFENSE READINESS

Course Description/Objectives:

The majority of citizen defensive training revolves around utilization of firearms and tactics outside your home. The MDTS Home Defense Readiness course provides the critical skills you need to develop a strong home defense plan of action. Many programs focus on a single individual defending themselves or working with a similarly trained partner. As citizens we spend more time with family and friends than we do with a shooting partner. Because of this a large portion of this course is dedicated to second and third party protection skills. If trouble comes to your home you will have to defend yourself AND your family or friends. If you own firearms specifically for home and family defense, this course is for you.

Course Topics/Modules of Instruction Include:

- Combative Mindset
- Home Hardening Techniques
- Security Zones
- Contact Plan of Action
- Safe Rooms & Zones of Fire
- Structure Clearing Tactics
- Second Party Protection
- Close Tactical Shooting
- Low Light Engagements
- Contacting Authorities
- Force-On-Force Drills
- Stress Inoculation

Instruction features foundational knowledge & strategy presentations, solo command & mastery drills, speed & power development drills. Skills will be tested via practical application through force-on-force drilling and evolutions.

Equipment:

Comfortable clothing, water, note taking materials, home defense firearm, 250 rounds ammunition, eye & ear protection and illumination tool

All force-on-force gear will be provided by MDTS

Duration: 8 hr