



## **MDTS EDGED WEAPON COMBATIVES**

### **Course Description/Objectives:**

This course is designed for the citizen, law enforcement officer or military serviceman who chooses to carry a tactical folding knife (TFK) or fixed blade knife as an everyday tool, for personal defense or job specific needs. The EWC series is a contextually based program of robust edged/improvised weapon defensive and combative concepts, techniques and tactics. An emphasis is placed on achieving multi-disciplinary proficiency enabling seamless transition between skill sets during violent criminal assault in order to regain initiative and escape.

### **Course Topics/Modules of Instruction Include:**

- Combative Mindset
- Understanding Criminal Assault, Initiative and Unequal Armament
- Threat Recognition & Management Tactics
- Default Response & Unarmed Tools
- In-Fight-Weapon-Access
- Folder vs. Fixed Blade Analysis
- Weapon Carry and Presentation Options
- Grips and Transitions
- Forward and Reverse Grip Angles and Application
- Counter Grabs & Grappling
- Live Blade Cutting Drills
- Retention Drills
- Knife vs. Knife Fundamentals
- Empty Hand vs. Knife Fundamentals

Instruction features foundational knowledge & strategy presentations, solo command & mastery drills, speed & power development drills, and combat scenarios. All skills will be tested via practical drilling application through force-on-force evolutions & scenarios against single and/or multiple assailants. \*Students should be in reasonable physical condition and expect mild to moderate contact

**Courses:**

Edged Weapon Combatives 1 – Forward Grip Applications

Edged Weapon Combatives 2 – Reverse Grip Applications

Edged Weapon Combatives 3 – Grounded Applications

**Equipment:** Inert training knife (if you have one), live folding and/or fixed blade knife, eye protection, groin protection, mouth guard. All force-on-force training equipment will be provided by MDTS

**Duration:** 4 hr. each module